## What do we mean by 'independent'?

Deciding for myself

Not having to do anything I don't want to, complete freedom of choice.

That we can do what we want to do. Our own choice.

Doing what I want when I want to do it

Going to see your local football team

When i can go to the shops by myself and visit my wife.

Having choice and making decisions

Follow your interests that make you happy





## What do we mean by 'independent'?

Doing whatever I can, not needing to rely on anybody else

Freedom

Not relying on others to help you do what are considered everyday things. Or be able to know or find out where and how to go when you need to draft in expertise. Getting on the ring and ride and going to the disco.

Being able to work and share your experiences and creativity

Choosing what I want to do.

My cat's independent, he goes in and out when he wants. Going out to different places to the pub Going out on my bike Going shopping Doing your washing





## What do we mean by 'independent'?

Every day things feed the ducks, do the things every one else does Taking care of myself and my family myself without relying on anybody else financially

Thinking for myself

Doing what you want to without any restrictions



